





Make 2019 the year you take charge of your health.

Here are 5 Steps to get started.

- 1 Learn how to use your insurance card
- 2 Choose a Primary Care Provider who takes your insurance
- 3 Make an appointment to see your new Primary Care Provider right away
- 4 Be prepared for your first visit to your new Primary Care Provider
- 5 Visit your Primary Care Provider and take follow up action

QUESTIONS? Contact your insurance company

-  Visit your health insurance company's website
-  Call the number on your insurance card

Congrats on getting health insurance!

Now, understand how to use it.

Insurance can be confusing! Here are 5 tips to help you understand and get the most from your plan this year.

- 1 Learn how to use your insurance card
- 2 Choose a Primary Care Provider who takes your insurance
- 3 Make an appointment to see your new Primary Care Provider right away
- 4 Be prepared for your first visit to your new Primary Care Provider
- 5 Visit your Primary Care Provider and take follow up action

QUESTIONS? Contact your insurance company



Visit your health insurance company's website



Call the number on your insurance card



PublicLibrary
ASSOCIATION